

*The way to the...*



15-20 September, 2013 | Granada, SPAIN  
Granada Exhibition and Conference Centre  
*"Joining Cultures Through Nutrition"*

## **WORKSHOP**

### **Omega-3 Long-Chain Polyunsaturated Fatty Acids in the Prevention and Treatment of Chronic Diseases**

**Date** February 15, 2012

**Place:** Rectorate, University of Cordoba, Avenida de Medina Azahara, 5 14005 Córdoba, Spain

#### **Preliminary Programme**

09:00-09:15:

Francisco Pérez- Jimenez, Maria Dolores Suarez and Angel Gil  
Introduction and welcome.

09:15-10:00:

Philip Calder  
Omega-3 Fatty Acids, immune system and inflammation

10:00-10:45:

Javier Delgado  
Omega-3 Fatty Acids and Cardiovascular Diseases

10:45-11:15:

Break

11:15-12:00:

Dariusz Mozaffarian  
Omega-3 Fatty Acids and Type 2 Diabetes Mellitus

12:00-12:45:

Ricardo Uauy  
Omega-3 Fatty Acids and Cognitive Development

12:45-13:30:

Miguel Angel Gasull  
Omega-3 Fatty Acids and Inflammatory Bowel Disease

13:30-15:30:

Lunch

15:30-16:15:

Mariette Gerber

Omega-3 Fatty Acids and Cancer

16:15-17:00:

Ibrahim Elmadfa

Omega-3 Fatty Acids Status and Dietary Recommendations

17:00-17:30:

Break

17:30-18:15

Jose Ordovas

Interactions between Omega-3 Fatty Acids, Genes and Risk of Disease

18:15-18:30

Francisco Pérez Jimenez y Ángel Gil Hernández

Conclusions and Remarks

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